

Didsbury Medical Centre Spring Newsletter 2024

Upcoming

- There will be a half-day closure for staff training on April 18th. The practice will be closed from 12pm on this day.
- The Practice will also be closed on Monday 6th May and Monday 27th May for the bank holidays.
- OUR PATIENT LIST WILL RE-OPEN ON APRIL 9TH 2024!

Join our patient participation group!

Join a group of volunteer patients, carers and surgery staff who meet regularly to discuss and support the running of the surgery.

It gives a platform for patients to make positive suggestions about the practice, and to be an advocate for patient preferences when appropriate. It provides a means for practice staff to inform patients about the reality of running a General Practice. Our PPG represents the whole practice population, not personal or individual views.

For more information please see:

<https://www.didsburymedicalcentre.co.uk/surgery-information/patient-group/patient-group-registration/>

Think Pharmacy First!

Community pharmacies can now offer treatment for seven common conditions without patients needing to see a GP, as part of a major transformation in the way the NHS delivers care. Highly trained pharmacists at more than nine in ten pharmacies can now assess and treat patients for **earache, impetigo, infected insect bites, shingles, sinusitis, sore throat and urinary tract infections (UTIs for women aged 16-64.)**

Help us, help you! By thinking pharmacy first.



Do more with the NHS App!



NHS
App

Measles cases are rising in England

Make sure your child
is up to date with
their MMR vaccinations



DID YOU KNOW?

Since January 2024, we have had over **550 missed appointments** that patients did not attend.

If you are unable to make your appointment please let reception know as soon as possible so we are able to offer the appointment to someone else.

REMEMBER!

The way we review patients with long term conditions has changed.

We are now doing annual review appointments in your birth month.

If you have a long term condition such as asthma or diabetes we will contact you in the month you were born to arrange an nurse appointment to review your condition.

If you've missed your annual review please contact reception!



Bowel Cancer Awareness Month

April is Bowel Cancer Awareness Month. Bowel Cancer is the fourth most common cancer in the UK. This shouldn't be the case since it is treatable and curable, especially when diagnosed at an early stage. Early diagnosis for Bowel Cancer and any other type of cancer saves lives. This is the reason why April has been set aside to educate the public and raise awareness of Bowel Cancer symptoms.

The latest data shows that almost one third of people who were sent an NHS bowel cancer screening kit in England last year did not go on to complete it.

If you're having any symptoms such as bleeding from the bottom, sudden and unexplained weight loss, fatigued for no reason and having pain or a lump in your stomach book an appointment with the GP.

Alternatively, if you are aged 50-74 you are entitled to an NHS bowel screening kit that is sent via the post. If you haven't done your screening kit yet, please contact 0800 707 60 60 or email bowelscreening@nhs.net with your name, date of birth and full address for more information.

**HELP US FIGHT BOWEL CANCER,
DO YOUR SCREENING KIT NOW!**

FEEDBACK CORNER

"Saw Katie the nurse yesterday and she was absolutely brilliant. Super helpful for my asthma review but also gave me my flu jab, booked my smear and listened so kindly when I got a bit upset. Everyone is always great at the surgery but she was especially lovely. It's a hard job and she had a real impact."

"Dr Barsoum was incredibly patient and reassuring throughout. Jemma, assisting Dr Barsoum in clinic today, was fantastic also and made me feel as relaxed as one possibly could given the circumstances! I felt that I was always given the best information to make the right choice for me, and was listened to and put at ease throughout. Despite this being something I'm sure both Dr Barsoum and Jemma do on an incredibly regular basis, I never once felt like "just another patient". That level of personalised care is so appreciated, particularly with procedures as invasive as coil fittings! My huge thanks and appreciation to both Dr Barsoum and Jemma, and the whole practice team."